



# Between Us Girls

Because **Our Health Matters.**

“Safe spaces for women to talk about sexual health are important because for too long the negative messages we hear around sex, sexuality, and our bodies has impacted the way in which we express our sexualities. We need a safe space to unpack, deconstruct, and reclaim!”

*~ Serenity*

- 
- 1 in 48 black women will receive a diagnosis of HIV during their lifetime.
  - 1 in 9 women living with HIV are unaware of their status.
  - Prevention options include knowing your status by getting tested, using condoms—male or female—and taking PrEP.





# Between Us Girls

## HIV Prevention Begins **With Us**

“Creating safe spaces for my sisters to talk about sexual health is important because these spaces make it comfortable to discuss topics without shame, in a knowledgeable way.”

~ Starr

- 
- 1 in 48 black women will receive a diagnosis of HIV during their lifetime.
  - 1 in 9 women living with HIV are unaware of their status.
  - Prevention options include knowing your status by getting tested, using condoms—male or female—and taking PrEP.

